



# NIA WEEKEND

Dance Relax Enjoy

*... just for you!*

September 19th - 21th, 2025

Hotel Rigi, Weggis

with Eveline Cornacchia &  
Anne-Marie Goes Gschwend





## YOUR STAY

overnight stay in nice single-  
or double rooms  
including vegetarian food.  
Directly bookable on  
[www.hotelrigi.ch](http://www.hotelrigi.ch)

## COSTS NIA

CHF 275 until 31.01.25  
CHF 295 until 19.05.25  
CHF 325 until 18.09.25

## PROGRAM

welcome to dance, music,  
nature, culinary delights,  
and pure joy of life

## NIA

is a holistic exercise and relaxation  
program that gives you strength,  
balance and beauty.  
Experience with NIA dynamic ease  
and the joy within you.

**NIA is pure  
joy of movement**



**Secure your happy NIA-place until 31.05.2025**

Registration is also possible later, subject to availability

**[niaeveline.ch](http://niaeveline.ch) & [harmoniafit.ch](http://harmoniafit.ch)**

